

# what's on @ FSPL

ADULT & YOUTH PROGRAMS | EVENTS | ACTIVITIES

**CLOSED**  
 Apr 19-21 (Easter)  
 May 20 (Victoria Day)  
 Jun 07 (Staff PD Day)

MONDAY-THURSDAY 10 AM - 9 PM  
 FRIDAY 10 AM - 6 PM  
 SATURDAY 10 AM - 5 PM  
 SUNDAY 1 - 5 PM

OPEN

## Focus on Kindness

Acts of kindness, whether big or small can have wonderful side effects. Doing kind things for others connects us with each other, and has a ripple effect. This year the Fort Saskatchewan Public Library will focus on kindness in how it delivers service to our patrons, treats ourselves, and how we treat our co-workers.



In this busy, tech-filled world, why not take some time out of your schedule to be grateful, compassionate, and kind? You'll be amazed at how this simple, selfless act will make you, and others, feel. Stay tuned for Library events, programs and activities to promote and encourage kindness. Follow us on social media, and visit our website at [www.fspl.ca/kindness](http://www.fspl.ca/kindness) for updates.

No act of kindness no matter how small is ever wasted. - Aesop

## Twin Flames Performance



Join Multi-Award winning Twin Flames for an one-hour presentation. Gain further understanding of the rich diversity of Inuit, Indigenous, and Metis cultures and languages in Canada; through an interactive musical experience. Learn first hand about their cultures, and experience both traditional and western instruments; explore the realities of life as an Inuit and Indigenous person, both historically and present day. Presented in partnership with the Shell Theatre.

Drop in  
 Thursday, Apr 04 | 3-4 pm

## Book Sale

Tons of great finds, and great bargains can be found at our annual book sale!

Drop in  
 Saturday, Jun 15 | 10-4:30 pm



Information about all our programs can be found on our website at [www.fspl.ca](http://www.fspl.ca)



## Writer in Residence 2019 - Mary Pinkoski

Meet writer in residence, Mary Pinkoski, for one-on-one advice, and support for your writing. Drop in or email her at [regionalwir@gmail.com](mailto:regionalwir@gmail.com) to make an appointment. Mary will be available -- from May 06 to June 25 -- on Mondays from 10-2:30 pm, and on Tuesdays from 2-8 pm.

Drop in to join a friendly group of writers every Tuesday evening, when Mary will host a group workshop.



See the back page of this newsletter for all Writer in Residence programs.



ALL PROGRAMS  
ARE FREE.  
REGISTER ONLINE @  
FSPL-CA/LIBCAL.COM

## PROGRAMS FOR ADULTS

### English Conversation Circle

Practice your English with a volunteer. More info at [whatdidyoulearntoday.ca](http://whatdidyoulearntoday.ca) or text 780-667-8441.

#### Drop in

Tue, Apr 02-Jun 25 | 6-7 pm

### Self Compassion Basics (older teens and adults)

An introductory workshop on learning to befriend your inner critic, and treat yourself with kindness and compassion, a crucial skill for overall wellness. Facilitated by Stephanie Hawryliw, a local Registered Psychologist.

#### Register online

Wed, Apr 03 | 7-8 pm

### French Conversation Circle

Casual and fun conversations, en français! Any and all levels are welcome.

#### Drop in

Wed, Apr 03-Jun 26 | 7-8 pm

### English Classes

For adults (18+) of any citizenship status, and any English level. Call or text 780-667-8441, or email [calls.coordinator@strathcona.ca](mailto:calls.coordinator@strathcona.ca) for more information.

#### Drop in

Thu, Apr 04-Jun 27 | 7-8:30 pm

### Book Club

Book lovers unite! Read new and interesting books (titles available on our events calendar) with a fun and welcoming group. Pick up a copy at the Circulation Desk, and join us for tea and refreshments.

#### Drop in

Wed, Apr 10, May 08, Jun 12  
7-8 pm

### Back to Basics Computer Classes: Fraud and Scams

No experience with computers is required for this class. Learn about online frauds and scams.

Register online or  
call 780-998-4275

Mon, Apr 15 | 1-2:30 pm

### Parent's Guide to Picky Children

Join Stacy Westman, The Meals Maven, as she takes you through this common parenting frustration, and offers suggestions on easy ways to address the issue, and focus on long-term solutions.

#### Register online

Wed, Apr 24 | 7:30-8:30 pm

### The Power of Puppets: Using Puppetry in Early Childhood Settings

Learn puppetry 'tips of the trade', ideas for incorporating puppetry, and suggestions for building a puppet collection. Sponsored by the Early Years Coalition.

#### Register online

Sat, Apr 27 | 10:30-12 noon

### DIY Night

Make interesting projects and learn new skills. View monthly themes on our events calendar.

#### Register online

Mon, Apr 29, May 13 | 7-8:30 pm  
Mon, Jun 17 | 6:30-8:30 pm

### Anxiety in School Aged Children

Learn how anxiety presents itself in school-aged children, related symptoms, coping skills, how to support your child to become more resilient. Facilitated by Diana Smith, Registered Provisional Psychologist.

#### Register online

Wed, May 22 | 7-7:30 pm

### Journaling for Health and Wellness (older teens and adults)

Learn how to put your journaling to work on improving your well-being with an introduction to therapeutic writing techniques. Facilitated by Stephanie Hawryliw, a local Registered Psychologist.

#### Register online

Wed, Jun 05 | 7-8 pm

## PROGRAMS FOR TEENS

### Bad Art Night (ages 11-17)

Join us for an evening creating the most terrible art ever! Dress to make a mess.

#### Register online

Tue, Apr 23 | 7-8 pm

### Comic Book Upcycling (ages 11-17)

Get creative and help us upcycle some of our old comics into one-of-a-kind projects.

#### Register online

Tue, May 21 | 7-8 pm



### Instagram Poetry, and Game of Poems (ages 11-17)

Explore the sensation of Instagram poetry with Writer in Residence, Mary Pinkoski. Through a series of interactive exercises, we will try out this short form of poetry in creative ways.

#### Register online

Tue, Jun 18 | 7-8 pm

## PROGRAMS FOR FAMILIES

### LEGO Wall Drop In (all ages)

Check out our LEGO wall, and let your imagination run wild. Building families, fun, and friendships.

#### Drop in

Sun, Apr 07-Jun 30 | 1-4:30 pm

TAKE TIME TO  
*be kind*



## PROGRAMS FOR AGES BIRTH - 5

### Baby Rhyme Time (0-12 months)

Stories, rhymes, bounces and tickles. Meet other babies and parents.

**Register online**  
Thu, Apr 04-Jun 20  
1:30-2:30 pm

### Baby Sign Language Basics (0-12 months, and expecting parents)

Find out how using signs with your baby can decrease frustration, increase communication, and bonding with your little one. Sponsored by the Early Years Coalition.

**Register online**  
Fri, Apr 05 | 10:30-11:30 am

### Bonding With Your Child With "Serve and Return" (0-18 months)

An interactive session with plenty of opportunities to play, sing, rhyme, and bond with your child. Sponsored by the Early Years Coalition.

**Register online**  
Fri, Apr 26  
10:30-11:30 am



### Read, Sing, Play, and Learn (6-24 months)

Songs, stories, and rhymes, with an added element of sensory-based play to engage your child's curious mind.

**Register online**  
Mon, Apr 01-Jun 17  
10:30-11 am

### Toddler Play Time (ages 1-3)

Stories, colouring, play, and music. Tuesday's program repeats on Thursday.

**Register online**  
Tue, Apr 02-Jun 18  
10:30-11:30 am

**OR**  
**Drop in**  
Thu, Apr 04-Jun 20  
10:30-11:30 am

### Family Storytime (ages 2+)

Songs, stories, and fun for the whole family. Come in each week for a different storytime experience.

**Drop in**  
Wed, Apr 03-Jun 19  
10:30-11:15 am

### Alphabet Soup (ages 3-5)

Stories, crafts, and letter recognition. Parents welcome.

**Register online**  
Tue, Apr 02-Jun 18  
1:30-2:30 pm

## PROGRAMS FOR AGES 6-12

### Maker Mondays (ages 6+)

Make Mondays marvelous with cardboard construction, art, puppetry, and more. Let's get creative! All supplies provided.

**Drop in**  
Mon, Apr 01-Jun 17  
3:30-4:30 pm

### After School STEM (ages 6+)

Lots of high and low tech options to get your creative juices flowing. No experience required.

**Drop in**  
Wed, Apr 03-Jun 19  
3:30-4:30 pm

### After School LEGO (ages 5-12)

Build LEGO creations on base plates, or on our LEGO wall.

**Drop in**  
Thu, Apr 04-Jun 20  
3:30-4:30 pm

### Junior Homeschool Club (ages 6-9)

Join fellow homeschoolers for fun and learning. Program themes are available on our events calendar.

**Register online**  
Fri, Apr 12, May 10, Jun 14  
1-1:45 pm

### Senior Homeschool Club (ages 10+)

Join fellow homeschoolers for fun and learning. Program themes are available on our events calendar.

**Register online**  
Fri, Apr 12, May 10, Jun 14  
2-2:45 pm

### Junior Minecraft (ages 6-9)

Learn new skills or show off your Minecraft knowledge. All skill levels welcome.

**Register online**  
Tue, Apr 16 & 30  
Tue, May 14 & 28  
Tue, Jun 11 & 25  
6:30-7:15 pm

### Senior Minecraft (ages 9+)

Learn new skills or show off your Minecraft knowledge. All skill levels welcome.

**Register online**  
Tue, Apr 16 & 30  
Tue, May 14 & 28  
Tue, Jun 11 & 25  
7:30-8:30 pm

### Junior Book Club (ages 8-12)

Good or bad? Like it or not? Read the book, and join us for juice and cookies. Copies are available at the Circulation Desk. Titles are available on our events calendar.

**Register online**  
Mon, Apr 29, May 27, Jun 24  
7-8 pm

### PD Day Movie

Celebrate your day off by watching *Despicable Me*. PG 1.5 hours. Popcorn and juice provided. Children under 6 require a parent/guardian to attend with them.

**Register online**  
Fri, May 17 | 2-3:30 pm

Information about all programs can be found on our website @ [fspl-ca/libcal.com](http://fspl-ca/libcal.com)

## CHECK US OUT ONLINE @ FSPL.CA

### Steadfast Connector



Do you need help accessing the Food Bank, applying for employment insurance, finding and filling out forms, accessing other community resources, or just help finding the right fit for your needs? Aylisa from the Families First Society provides personalized support, system navigation, and encouragement to help you reach your goals.  
**Drop in | Tuesdays, Apr 02-Jun 25 | 3-5 pm**

### Settlement Services

Library Settlement Services connects newcomers to available services and resources in the community. For more information contact Haimi Yosef, Settlement Practitioner, at [LYosef@eisa-edmonton.org](mailto:LYosef@eisa-edmonton.org)

**Drop in (appointment recommended)**  
**Thursdays, Apr 04-Jun 27 | 10-6 pm**



### Basic Cree Language Class

Learn basic Cree with an emphasis on pronunciation and understanding the language. Also enjoy crafts, snacks, and cultural discoveries. Presented by Elder Doreen, in partnership with the Fort Saskatchewan Multiculturalism Association.

**Drop in**  
**Fridays, Apr 12, 26, May 03, 24, Jun 14, 21 | 4-5:30 pm**

### Filipino Language and Culture Program

Kabisig Society's Filipino Culture Class



Learn to speak Filipino through music, play and art. Open to all ethnicities. Presented by the Kabisig Society.

**Register by contacting Fe at [fewiebe@shaw.ca](mailto:fewiebe@shaw.ca)**  
**Saturdays, Apr 06-Jun 15**  
**1:30-2:30 pm (ages 3-6) | 2:30-3:30 pm (ages 7-12)**

## WRITER IN RESIDENCE PROGRAMS

### Office Hours

For May and June, meet Writer in Residence Mary Pinkoski for one-on-one advice, and support for your writing. Appointment recommended.

Email Mary at [regionalwir@gmail.com](mailto:regionalwir@gmail.com)  
**Mondays, May 06-Jun 24 | 10-2:30 pm**  
**Tuesdays, May 07-Jun 25 | 2-8 pm**

Drop in to join a friendly group of writers every Tuesday evening, when Mary will host a group workshop.

### Homeschool Clubs

Mary Pinkoski is an award-winning poet and will be talking all things poetry! We'll have fun prompts so everyone can have a chance to create!

**Register online**  
**Fri, May 10 | 1-2:45 pm**

### Crafting Poetry

Poetry can often feel intimidating but it's a form of writing that anyone can try. Mary will talk about how we craft poetry, provide prompts, and hands-on exercises.

**Register online**  
**Wed, May 15 | 7-8 pm**

### Writers' Group

Every month at the library, a group of local writers get together to share advice and work. This month, Writer in Residence, Mary Pinkoski will join the group to share her knowledge, provide writing exercises, and guidance.

**Drop in**  
**Mon, Jun 17 | 7-8 pm**

### Instagram Poetry, and Game of Poems (ages 11-17)

Explore the sensation of Instagram poetry with Writer in Residence, Mary Pinkoski. Through a series of interactive exercises, we will try out this short form of poetry in creative ways.

**Register online**  
**Tue, Jun 18 | 7-8 pm**

### Author Panels

Throughout Mary Pinkoski's residency, she will be hosting writing panels on many topics like Young Adult Fiction, and Technical Writing.

Updates will be available on our website: [fspl.ca](http://fspl.ca)

