

## Fort Saskatchewan Public Library

### Winter Programs

Registration begins Monday, December 4

### February is Physical Literacy Month!

#### Sweet Moves (and Stories!)

(families)

Celebrate Physical Literacy Month with us at these fun and interactive Saturday storytimes! Hear some great stories and enjoy songs and activities that are sure to get everybody moving and grooving. These programs are most suitable for families with young children. Families are encouraged to register ahead of time, but can drop-in space permitting.

**Saturdays, Feb 3-24**

**10:30-11:15am**

Registered.

#### VR vs R: Mini Golf

(ages 10 & up)

Dive into the ultimate Mini Golf Tournament at the library this Physical Literacy Month!

**Thurs, Feb 15**

**3:45-5:15pm**

\*See page 5 for more details

#### Celebrate Physical Literacy Month: Family Yoga

(families with school aged children)

This inclusive family yoga session is led by Nicole Starker Campbell who believes that yoga is for everybody and every body! No experience is necessary to participate in this gentle practice that will allow families to de-stress, have fun, and learn more about yoga. Please bring a yoga mat if you are able to.

**Sat, Feb 3**

**2-2:45pm**

Registered.

#### Celebrate Physical Literacy Month: Thursday

##### Yoga

(adults)

Spend your lunch break trying out some gentle, beginner yoga! Instructor Krystal Prout's classes are fun and nurturing with an eye to creating a safe space for students of all levels to explore their body, mind, and spirit. Everyone is welcome to attend.

**Thursdays, Feb 8-29**

**12-12:35pm**

Drop In.



#### LIBRARY HOURS

Mon-Thu: 9am to 8pm

Fri: 10am to 6pm

Sat: 10am to 5pm

Sun: 1pm to 5pm

#### CLOSED

Mon, January 1 (New Year's Day)

Mon, February 19 (Family Day)

Fri, March 29 (Good Friday)

Sun, March 31 (Easter Sunday)

Mon, April 1 (Easter Monday)

Program Calendar:



### Under 3 Fair

This special fair is especially for families with children 3 years old and younger. Come and learn about health, wellness and much more from participating Fort Saskatchewan agencies. There will be prizes, entertainment, refreshments, and fun! Admission is free.

**Mon, Mar 18**

**3-7pm**

## Early Literacy Programs

### Monday

#### Baby Rhyme Time (0-12 months)

9:30-10am  
\*No class Feb 19

#### Baby Rhyme Time (0-12 months)

1:30-2pm  
\*No class Feb 19

### Tuesday

#### Alphabet Soup (ages 3-5)

9:30-10:15am

#### Toddler Play Time (ages 1-3)

11-11:45am

### Wednesday

#### Alphabet Soup (ages 3-5)

9:30-10:15am

#### Toddler Play Time (ages 1-3)

11-11:45am

### Thursday

#### Fun For Ones (ages 1-2)

9:30-10:15am

### Friday

#### Family Storytime (ages 2-5)

10:30-11am

#### Baby Rhyme Time (0-12 months)

Encouraging bonds through stories, songs, rhymes, bounces and tickles. This program runs for 30 minutes - families are welcome to stay and visit afterwards.

**Mon, Jan 8 - March 11**

**\*No class Feb 19**

**9:30-10am**

**OR**

**1:30-2pm**

**Registered.**

#### Alphabet Soup (ages 3-5)

Developing school readiness skills through stories, crafts and letter recognition for children ages 3 to 5. Parents welcome.

**Tue, Jan 9 - March 12**

**9:30-10:15am**

**OR**

**Wed, Jan 10 - March 13**

**9:30-10:15am**

**Registered.**

#### Toddler Play Time (ages 1-3)

Fostering pre-literacy through stories, colouring, play and music for children ages 1 to 3. This is a parented program.

**Tue, Jan 9 - Mar 12**

**11-11:45am**

**OR**

**Wed, Jan 10 - Mar 13**

**11-11:45am**

**Registered.**

#### Family Storytime (ages 2-5)

Building early literacy skills through weekly songs, stories and fun for the whole family! This is a parented drop in program.

**Fri, Jan 12 - Mar 15**

**10:30-11am**

**Drop in.**

### Welcome Baby! Library Tours for New Parents

(babies & parents)

Calling all new parents! Join us for a library tour with your little one and learn all about what the library has especially for babies and parents. These sessions include an introduction to our popular Baby Rhyme Time program with time afterwards to meet and visit with other new parents.

**Fri, Jan 26 OR Feb 23 OR March 22**

**1:30 - 2:30pm**

**Registered.**

### Fun For Ones

(ages 1-2)

Building early literacy skills through weekly songs, stories and fun for the whole family! This program is designed for young toddlers.

**Thurs, Jan 11 - Mar 14**

**9:30-10:15am**

**Registered.**

## Registered Programs: Families

### Literacy Outside: The Great Outdoors

(families)

Literacy is everywhere! Learn some essential outdoor skills like fire-building techniques, how to set up a tent, wildlife awareness and minimizing your environmental footprint. Gain vital knowledge for your outdoor adventures that are key to ensuring your safety, comfort, and enjoyment in the great outdoors. This is a parented, family program - please register everyone that is attending.

**Wed, Jan 31**

**2:30-3:30pm**

Registered.



### DIY Drive-In: Cardboard Cars

(families)

Get ready for the Lego Movie screening by turning a cardboard box into a "car" that you can sit in. Then you can watch the movie while sitting in your car, just like at a drive-in theater! Please bring your own box if you are able to.

**Fri, Feb 9**

**1-2pm**

Registered.

### LEGO Movie at the Library!

(families)

Come watch the Lego Movie at the Library! Limited snacks and beverages will be provided. Creative kids will also want to register for the DIY Drive In program at 1pm to make their own cardboard cars to watch the movie in.

**Fri, Feb 9**

**2:15-4pm**

Registered.

### Storytelling Adventure for Families

(families)

Learn how to use traditional storytelling elements, your own imagination, and cutting edge technology and resources to get started on creating unique stories with amazing images.

NOTE: Please bring your own laptop or tablet if possible. This program is most suitable for families with school aged children.

**Fri, Mar 1**

**2:30- 4:00pm**

Registered.

### Sweet Moves (and Stories!)

(families with young children)

Saturday Storytimes with a sweet theme!

Feb 3 - Winter Wonderland

Feb 10- Be My Valentine

Feb 17- Friends and Family

Feb 24- Happy Leap Year

**Saturdays, Feb 3-24**

**10:30-11:15am**

Registered.

\*see cover page for more info

New!  
Saturday  
Storytimes

### It's Easy Being Green

(families with young children)

This Saturday Storytime features a green theme including some St. Patrick's Day activities. You'll even get to make a special holiday themed craft.

**Sat, Mar 16**

**10:30-11:15am**

Registered.

### Eggcellent Easter

(families with young children)

Eggs, rabbits, and springtime are what this special Saturday Storytime is all about. This program concludes with an Easter themed craft.

**Sat, Mar 23**

**10:30-11:15am**

Registered.

## Registered Programs: School Age

### There's An Artist in the House! Kids Create with Amanda Milke (ages 5-8 & 9-12)

Flock together for an art extravaganza! Participants will get to explore local artist Amanda Milke's latest artworks and come together to create a one of a kind mixed media bird painting as part of a community art exhibit. Let your imaginations take flight in this fun program.

**Thu, Feb 8**

**Junior (5-8): 1-2pm**

**Senior (9-12): 2:30-3:30pm**

Registered.



### Drop In

#### LEGO Wall

(families)

Let your imagination run wild! Build, craft, play and explore with our LEGO Wall. Building families, fun and friendships at your library!

**Sun, Jan 7 - Mar 24**

**1:30 - 4:30pm**

Drop in.

### That Tracks! Animal Tracks for Kids

(ages 5-8)

No school days are a great day to try something new at the Library! We'll learn about and explore different animal tracks and try out some crafts and activities!

**Wed, Jan 31**

**1-2pm**

Registered.

### Early Out Wednesdays

(ages 5-12)

Join us for fun projects and enriching activities that are sure to spark creativity and imagination with a wide range of STEAM activities from art to robotics. Please register for these programs to guarantee your child a spot. Drop-in attendance is dependent on space and supplies.

**Wed, Jan 10, Feb 7, Mar 6**

**2:30-3:30pm**

Registered.

### Homeschool Club

(ages 5-9 & 10+)

Discover, learn, and grow by experimenting with the Homeschool Club! We're on a mission to make education exciting. Explore aerodynamics, robotics, coding, and the scientific method while fostering critical thinking and social skills. Join a community of like-minded learners and embark on a journey where fun and knowledge go hand-in-hand.

**Fri, Jan 19, Feb 16, Mar 15**

**Junior (5-9): 1:30-2:30pm**

**Senior (10+): 2:45-3:45pm**

Registered.

## Spring Break: March 25-28

### Give Me Some Space!

#### Astronomy for Kids

(ages 5-12)

Delve into outer space and the universe with exciting experiments and creations. Build solar system models, spot constellations, launch model rockets and more. Join us for a celestial adventure that's out of this world!

**Mon, Mar 25**

**2-3:30pm**

Registered.

### Spring Break Artists

(ages 5-8 & 9-12)

Join Donna as she leads junior artists in three daily art projects during this mini-camp that will see kids creating some stunning works of art!

**Mar 25 - 27**

**Junior (5-8): 11am-12pm**

**Senior (9-12): 1-2pm**

Registered.

### Code You Build a Robot?

#### Try Out LEGO Robotics

(grade 6 & up)

LEGO of your worries about STEM and join us for a thrilling Spring Break Robotics Camp! Kids in grades 6 and up will engineer and code LEGO robots, tackling exciting challenges. This spring break adventure will boost your STEM skills through fun, collaboration, and hands-on learning.

**Mar 26 - 28**

**2:00-3:30pm**

Registered.

## Ferguson's Spring Reading Challenge

Join us for Ferguson the Fox's annual Spring Break Reading Challenge! Read your way to a free cheezy bread - generously sponsored by Panago Fort Saskatchewan. All you need to do is: pick up an entry form at the library, read 5 books (or 5 twenty-minute blocks) over the break, and then receive your certificate for a free cheezy bread from Panago Pizza. All students, preschool to grade 12 can play! What are you waiting for?!

**March 22- April 3**

**PANAGO**  
310-0001

## Teens

### After School Gaming Club

(ages 10 & up)

Level up your problem-solving skills with Gaming Club! Dive into the world of video (and other!) games and uncover the art of strategy, game design, and coding. Hone your skills, boost your hand-eye coordination, and unlock the magic of creative thinking. At Gaming Club you either win or you learn. Please register to guarantee a spot - drop-ins are welcome if space permits.

**Tues, Jan 16 - Mar 19**

**3:45 - 5:00pm**

Registered.

### VR vs R: Mini Golf

(ages 10 & up)

Dive into the ultimate Mini Golf Tournament at the library this Physical Literacy Month! Explore two thrilling worlds: VR Mini Golf for a high-tech adventure and Real Mini Golf for a classic touch. Compare and contrast: which offers a more exhilarating and engaging mini-golf experience? Improve your hand-eye coordination and digital literacy skills, then help us settle the debate: mini-golf - R vs VR?

**Thurs, Feb 15**

**3:45 - 5:15pm**

Registered.

## Drop In Programs

### Knitting & Crochet Circle

(adults)

Join other local crafters for conversation and work on your individual project.

Crochet and knitting lessons are not provided.

Please bring your own supplies.

**Fri, Jan 12 - Mar 22**

**3-4pm**

Drop in.

### Book Club

(adults)

Looking for a novel experience? Our Library Book Club is literary your ticket to a world of adventure! Dive into riveting novels, share your perspectives, increase your shelf-esteem, and build connections with fellow readers.

**Wed, Jan 10, Feb 14, Mar 13**

**6:30-7:30pm**

Drop in.

### Writer's Group

(adults)

The Group provides positive, constructive feedback and shares knowledge and thoughts on the craft of writing. All levels and genres are welcome.

If you have an interest in writing, are already working on a writing project or interested in encouraging feedback, join us.

**Tue, Jan 2, Feb 6, Mar 5**

**6:30-7:45pm**

Drop in.

## Registered Programs

### Effective Tax Strategies

(adults)

Acquire the Tax Smarts you need to achieve your personal income tax goals. In this session we'll learn about Canada's tax system, planning, record keeping, reducing taxable income and other resource. Provided by Chartered Professional Accountants of Canada via Zoom.

**Thu, Feb 22**

**7-8:30pm**

Registered.

Virtual.

### Vacation on a Budget

(adults)

Participants will learn a variety of ways to save money while planning and going on vacation so they can have fun without worrying about money.

Presented virtually by the Credit Counselling Society.

**Wed, Mar 6**

**7-8pm**

Registered.

Virtual.



### Menopause: Before, During, and After

(adults)

Join mental health therapist, Crystal Tracy (MC), to learn more about the physical, emotional, relational, sexual and psychological changes that take place for women before and during menopause. This session provides evidence-based information on why menopause occurs and what to expect before, during, and after. Crystal practices at Transcend Psychological and specializes in sexual health.

**Tue, Mar 19**

**6:30-7:30pm**

Registered.



## Registered Programs

### Becoming A Foster Parent through the Family Centre's ohpikihakan Program

(adults)

Learn about the Family Centre's ohpikihakan program (ohpikihakan means "a child that is being raised" in Cree). Therapeutic caregivers (foster parents) meet the different needs of youth in care with a focus on ensuring youth have loving and supportive homes with regular contact with their family, culture, and community. Find out how to become a foster parent and licensed foster home through this important program.

**Thu, Feb 1**

**6:30-7:45pm**

Registered.

### Ask An Artist! Being A Professional Artist, The Creative Process, and More

(adults)

Join us for an evening of Art Literacy as we participate in an "Artist Meet and Greet". Local Artist Amanda Milke will be available to talk about her creative process and inspiration as we stroll through her work on display in the library. Come ready to chat, ask questions, and shop for some art as you get to meet the Artist.

**Tue, Mar 12**

**6:30-7:30pm**

Registered.



### Spotting Scams: Protect Yourself from Virtual Scammers

(adults)

John Zabiuk, Chair of the Cybersecurity Program at NAIT, will share up-to-date information on common electronic scams and how to protect yourself from scammers.

**Wed, Feb 21**

**6:30-7:30pm**

Registered.

## Keep up-to-date

We post information about programs, our eResources and reading related content.



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## Digital Literacy

### Get Your Head in the Cloud!

(adults)

Power-up your tech knowledge! Learn to make the most of your device! This session focusses on cloud technology, device storage, and practical tips and tricks. Join us to demystify the digital world and make technology work for you! All skill levels are welcome.

**Mon, Jan 22 OR Mon, Feb 26**

**2-3pm**

Registered.

### Photo and Video Editing for Beginners

(adults)

Unlock your inner creativity and make your memories shine! This photo and video editing tutorial explores the world of free, user-friendly editing software. Discover how to trim, zoom, splice, sync, and enhance your media effortlessly.

**Mon, Jan 29 OR Mon, Mar 11**

**2-3pm**

Registered.

## Tech Help

(adults)

Need help learning how to use your device, the internet or social media? Book a one-on-one training session with one of our digital literacy experts! Call 780-998-4275 to register or ask in-person at the front desk.

**Wed, Jan 3 - Mar 27**

**Thu, Jan 4 - Mar 28**

**1-3pm**

\*Need a different time or day? Other appointment times may be available. Email [fsasklib@fspl.ca](mailto:fsasklib@fspl.ca) and someone will be in touch about tech help appointment options.

## Partnered Programs

### Especially for Parents & Caregivers

(adults)

The Library is partnering with Family and Community Support Services to provide a wide range of topical and timely programs especially for parents and caregivers. Please register for these programs by calling FCSS at 780-992-6267 or by visiting their website. These sessions are located at the Library.

**Tue, Feb 6: Eating Disorders Information Session**

**Thu, Feb 22: Co-Parenting 101**

**Tue, Feb 27: Eating Healthy on a Budget with Kids**

**Thu, Mar 7: Child Support: The Basics**

**Thu, Mar 21: Separation and Your Parenting Rights**

**6:30-7:30pm**

Drop in.

### Information Series for Older Adults at

#### Pioneer House

(adults/seniors)

The Library will be sharing relevant library resources at these great information sessions being offered by Family and Community Support Services (FCSS) and expert presenters from the community. These programs all happen at Pioneer House and are organized by FCSS.

**Tue, Jan 23: Alzheimer Society of Alberta**

**Tue, Feb 6: Denture Care**

**Tue, Mar 5: Wills and Estate Planning**

**1-2pm**

Drop in.



**Family & Community  
Support Services**  
CITY OF FORT SASKATCHEWAN

## Language Classes

### Drop-In English Classes

(adults)

Join Althea from CALLS to learn English on Thursdays from 6-8pm.

Phone/text 780-667-8441 for more info.

**Thu, Jan 11 - March 28**

**6-8pm**

Drop in.

### English Conversation Circle

(adults)

CALLS English Conversation Circles offer a comfortable place to practice English conversation skills in an informal group setting with other language learners as well as native English speakers.

Phone/text 780-667-8441 for more info.

**Mon, Jan 8 - Mar 25**

**6:30-7:30pm**

Drop in.

\*No class Feb 19



Community Adult  
Learning & Literacy Society  
Fort Saskatchewan & Strathcona County

**Did you know?**

### Settlement Services for Newcomers to Canada

(In partnership with Edmonton Immigration Services Association)

Our Settlement Services Practitioners connect newcomers to available services and resources in the community. Register with a practitioner directly -

Mondays: Nacereddine Lakhdari, Settlement Practitioner at NLakhdari@eisa-edmonton.org or 780-916-1533.

Thursdays: Riza Tuiza, Settlement Practitioner, at RTuiza@eisa-edmonton.org or 780-991-8223.

**Availability varies. Please contact a Settlement Services Practitioner to book an appointment.**